

# The Darling Trust

Registered Charitable Trust

Reg: IT 2598/2003

054-755-NPO

Arcadia Street • Darling Station • PO Box 175 • Darling • 7345 • South Africa

Tel +27 (0) 22 492 3384 E-mail: [info@thedarlingtrust.org](mailto:info@thedarlingtrust.org)

August 2009

Dear Friend,

The Darling Health and Sport Centre is perhaps one of the most exciting projects to be undertaken in Darling in recent years. The Centre is a project of The Darling Trust and includes a quarter-size Olympic pool, a multi-purpose activities centre and an early childhood development centre. On 30 May 2009, the sod-turning ceremony for the Darling Health and Sport Centre took place. After many years of planning, research and fundraising, we have launched this very special project and construction commenced during July 2009.

Attached, please find a brief proposal for the Darling Health and Sport Centre. Also included is a comprehensive set of enclosures covering important topics and background on both The Darling Trust and the Darling Health and Sport Centre.

Commitments and contributions can be made towards the project as a whole or towards a specific component as outlined in this document. The immediate priority is to complete the swimming pool (Phase 1A). There are also options for sponsorship. All donations made to The Darling Trust are tax-exempt under Section 18(A).

Thus far we have already raised R1,5 million with a further R370,000 required to complete Phase 1A and a further R650,000 needed to complete Phase 1B.

Should you have any questions, please do not hesitate to contact us. All relevant contact details are listed in the enclosures.

We look forward to hearing from you.

Warmest regards,

Lara van Lelyveld  
Operations Manager

*Making the dream of a better life a reality*

Trustees: Kotie Reid, Valdon Langenhoven, Ivy Johnson, Riaan Neethling  
Operations Manager: Lara van Lelyveld

*The Darling Health and Sport Centre is a project built on many years of research, planning, and most recently, also fundraising. Below is a brief proposal outlining the purpose of such a Centre in Darling, and what that Centre will include.*

### What is the situation like for the youth in Darling?

Darling has a population of 10,000 people, 4,000 of whom are under the age of 18. A majority of the population live in RDP houses. As with many housing projects of this kind there are very few communal facilities available. Unemployment and the prevalence of drugs, violence, crime, alcohol abuse and HIV/AIDS pose major challenges to the community at large, in particular to the youth. The lack of any leisure infrastructure and facilities to support an active and healthy lifestyle is contributing significantly to their vulnerability and preventing them from reaching their full potential.

Of the 4000 youth in Darling, 1000 are under the age of 5, but only 200 of them are enrolled in a preschool. Parents are often unable to equip their children for school with the result being that during these crucial developmental years many children are not given the support and education that they so desperately need.

HIV/AIDS is ravaging our community, as it is many other rural villages. As often happens in poorer communities, the prevalence of HIV/AIDS has stigmatised the clinic. Many people are thus not making use of clinic facilities for fear of being marked with the stigma of HIV/AIDS.

We are faced with a situation where our youth, at all stages of their development are not given the support that they need. The result? A community that is mired in social problems and for whom the future is not a bright one.

### How can we work together towards solving this problem?

Based on a community consultation process, the immediate priority for 2009 was identified as the construction of a swimming pool, phase 1A. A swimming pool itself does not prevent HIV/AIDS or lower levels of crime, but it encourages a lifestyle, which is healthy and safe through the building of self-esteem and a focus on healthy bodies and minds. Throughout the year, and especially also the long, hot summers in Darling, there is very little opportunity for the youth to occupy themselves. Rural areas continue to lag behind in terms of infrastructure development and Darling is no exception. By providing healthy alternatives, it will be possible to reduce the incidence and negative impact of substance abuse, unprotected sex, HIV/AIDS, violence and crime.

It is not only the youth that can benefit from this swimming pool. Diabetes and heart conditions are a major problem for the older people living in Darling. The centre will also cater for people with disabilities, facilities for whom are sadly lacking in our village. By locating the Centre adjacent to the clinic, it is hoped that we will begin to destigmatise the clinic, and also begin to build an awareness of preventative medicine and good health, as opposed to the purely reactionary work which is all the clinic can currently provide.

The construction of a multi-purpose activities centre and an early childhood development (ECD) centre will further bolster these attempts to build a strong healthy community. The activities centre will be available to all members of the Darling community. It can be used for health and fitness training, as a workshop venue and also as a general community hall.

The early childhood development centre will be available to all children, teachers and parents in Darling. The goal will be to support work already being done and also create programmes that will reach children that are currently not in a school. The work of the learning centre has been carefully researched and is already being implemented on a smaller scale. With the addition of the physical ECD Centre it will be possible to reach far more children, parents and teachers.

### What will the Darling Health and Sport Centre include?

The site for the construction of the Darling Health and Sport Centre is situated between the clinic and the RDP houses. The first phase will be constructed right next to the clinic such that the Centre and the clinic will have a shared entrance. The centre and all its facilities, including the small pool, will provide access to people living with disabilities

Construction will be done in two phases to allow for flexibility depending on the availability of funding.

#### Phase 1A includes:

- A quarter Olympic size swimming pool with racing lanes.
- A small pool for children learning to swim. Wheelchair access will also be provided for into the small pool.
- A pool complex building incorporating:
  - o Ablution facilities.
  - o A pool pump-house.
  - o Caretaker accommodation.
  - o A controlled entrance area.
  - o The frame and roof structure for the adding of the early childhood development centre and an activities room (see phase 1B) will also be provided for to enable the adding of these facilities as soon as funding is secured and without impacting on the use of the pool area.
- A modular 2,1m high concrete wall around the periphery of the complex.
- A shade structure for protection against the sun.
- A fence separating the grounds of the areas planned for the early childhood learning centre and activities room from the pool area.
- The preparation of the grounds and planting of grass.

**The costs for the completion of this phase of the project is R1 900 000.** Construction has commenced and will be completed in the fourth quarter of 2009. A total of R1,5 million has already been secured which will be used to make significant progress with construction whilst fund-raising for the short-fall of R370 000 will continue.

#### Phase 1B includes:

- A multi-purpose indoor open space activities room for educational, health and fitness training such as karate, aerobics, yoga, dance classes etc.
- An early childhood learning centre for the growth and development of children of preschool-going age.

**The costs for the completion of phase 1B is R650 000.** Construction is planned to commence in the fourth quarter of 2009 or as soon as sufficient funding is secured. Subject to the availability of funds the planned completion is during the first quarter of 2010.

All of the above amounts in respect of phases one and two have been arrived at by employing projected construction figures and the planned periods of implementation. Potential funders are assured that tender processes will be followed and the amounts donated will be utilised in accordance with due and proper process.

The **medium-term priorities** for 2010 after the completion of both phases 1A and 1B will include the ongoing upgrading and improvement of the infrastructure and facilities of the existing clinic.

The **long-term priorities** include the addition of an open outdoor sport area consisting of a soccer field, basketball court and skate-boarding park. This further phase will be dependent on available funding at the time.

*Thank you for considering our proposal. The below enclosures include more detail on the various aspects of the project. Should you have any questions, please do not hesitate to contact us.*

## Index of Enclosures

### The Darling Trust

Trust Deed	5
Auditors	5
Mission Statement	5
Objectives	5
Patron	6
Organisational Structure	6
The work we do at The Darling Trust	6

### Darling Health and Sport Centre

Patrons	7
What is the role of the Swartland Municipality?	7
Who are the architects?	7
How is Darling getting involved?	8
Sod-turning Ceremony	8
Letter of endorsement from Archbishop Emeritus Desmond Tutu	9
Contact and banking details	10
Site Plan and Perspective View	11

## The Darling Trust

### Trust Deed

A copy of the Trust deed is available on request.

### Auditors

The auditors of the Darling Trust are Wannenburg and Associates. A copy of the latest audited financial statements is available on request.

### Mission Statement

The Darling Trust is a charitable trust that supports Darling by empowering individuals to help themselves, mainly through participation in the sectors of education, skills development and health.

### Objectives

The Darling Trust aims:

- To act as a vehicle for the funding of community projects in Darling
- To work with the local community in the identification of community needs and to address those needs by creating feasible projects or by supporting existing projects through funding or managerial and logistical assistance
- To enhance the physical and mental health and well-being of people through education and care

- To empower people, and in particularly also the vulnerable youth, through developing their talents and skills
- To create employment opportunities for local people
- To assist the community with the challenges of HIV/AIDS

The Darling Trust implements and takes accountability for projects that are well informed, planned and executed and that are supported by the community. The distribution of funds is done in a transparent and accountable way. All initiatives are carefully considered and continuously managed to promote sustainability and accountability.

## Patron

The Darling Trust is honoured to have as its patron, Pieter-Dirk Uys, well-known AIDS activist, critic, satirist and entertainer.

## Organisational Structure

The Darling Trust is managed by a board of trustees. The Trustees are Kotie Reid, Valdon Langenhoven, Ivy Johnson and Riaan Neethling (chairperson).

The Operations Manager reports directly to the trustees. Reporting to the Operations Manager are the Financial Administrator and the Operations Administrator. There are an additional 11 people employed on a contract and part-time basis to act as project facilitators.

The Equity breakdown for The Darling Trust staff and facilitators is as follows: 65% Black and 75% female.

## The work we do at The Darling Trust

Since its establishment by Pieter-Dirk Uys in 2003 The Darling Trust has made a major contribution to the local community and is working hard to bring the people of Darling together to help those in need. The following are examples of projects of The Darling Trust.

- Transport is provided for Darling residents living with HIV/AIDS to the ARV Clinic in Malmesbury.
- Children with disabilities are picked up at their homes every day and transported, along with one of their teachers, to the Wilge Day Care Centre at Orion in Atlantis where they receive physiotherapy, educational stimulation and professional care.
- The Darling Trust runs an annual HIV/AIDS awareness campaign. In 2008, the campaign, run in collaboration with the University of Stellenbosch's Africa Centre for HIV/AIDS Management and the Right to Care organisation reached over 750 farm workers in the Darling area.
- Fifty women were trained in the craft of beading and embroidery in the Craft and Skills Development Centre (CASDEC)
- Out of CASDEC, the Darling Craft Cooperative has evolved. The Cooperative consists of six women who jointly run this small craft business.
- The Darling AHA-Read Project is run at two local primary schools and focuses on remedial literacy.

- The Darling Parenting Project teaches mothers, grandmothers and care-givers how to prepare their toddlers and pre-school children for primary school while focussing on the importance of holistic development of the child.
- Darling Early Literacy Project
- Four men currently working in the construction industry have been identified, and will be receiving fully-accredited training in carpentry.
- Children receive art lessons by one of our local artists. The artist is also a qualified social worker and is thus able to encourage them to express themselves through their art. The children sell their art in order to raise funds to cover the cost of art materials.
- Children and adults benefit from music tuition including a children's percussion band that has been established.
- Senior Citizens enjoy a cream tea and movie at Evita se Perron each month.
- An annual talent show to showcase local talent and bring the community together.

Other projects include, our very special Community Garden, outings to the theatre, art exhibitions, the circus and so on for young people in Darling and various other ad hoc projects.

## Darling Health and Sport Centre

### Patrons

This project is privileged to have as its official patrons:

- Archbishop Emeritus Desmond Tutu, humanitarian and Nobel Peace Prize winner;
- Ms Sabine Plattner, philanthropist and co-founder of the Fancourt Foundation; and
- Pieter-Dirk Uys, political satirist, critic, AIDS activist and theatre legend.

A letter of endorsement of the project by Archbishop Emeritus Desmond Tutu is included in these enclosures.

### What is the role of the Swartland Municipality?

The Swartland Municipality has made land available for both the immediate and longer-term components of the Darling Health and Sport Centre. They have been consulted on the project from the outset, have given it its full support and will be involved throughout the process. Once completed, the municipality will take over responsibility for the running of the centre as part of its infrastructure and community development. The training of all staff and employment will occur through the structures of the Swartland Municipality.

### Who are the architects?

The architectural support for the project is being provided by R & L Architects who have kindly offered to provide their services for free as part of their social responsibility programme. R & L Architects, a very reputable company, are also responsible for the Mbombela 2010 Soccer World Cup stadium in Mpumalanga. The design of the first stage of the Health and Sport Centre and the building plans have been completed and approved by the Swartland Municipality

## How is Darling getting involved?

The Centre will not only consist of physical infrastructure, but also initiatives such as youth development programme's, health education, swimming lessons, first aid training, sport training, HIV/AIDS testing and education etc. These initiatives will be undertaken in collaboration with community organizations and representatives. With regard to fundraising, individuals and organisations in Darling have become involved in a variety of ways from holding raffles to organising bake sales.

## Sod-turning Ceremony

The sod-turning ceremony for the Darling Health and Sport Centre could not have been a more special day. On 30 May 2009, the official sod-turning ceremony for the Darling Health and Sport Centre took place and everyone was there! In true Darling-style, the ceremony was unique with Tannie Evita Bezuidenhout taking on the monumental task of turning the first sod. Tannie, immaculately dressed, thrilled the assembled crowd with her sharp wit and deep commitment to Darling. She valiantly wielded her spade with great aplomb. Tannie then stood back and let the bulldozer begin it's work. Tannie mingled with the crowd, taking photos with the very excited citizens of Darling. After Tannie departed, the braai began and the entertainment continued.

In her speech, Tannie Evita launched a competition to name the new Centre. The project has been run under the provisional name of the 'Darling Health and Sport Centre', but the ultimate name of the Centre will be chosen by the Darling community.



Above: Tannie Evita turning the first sod of the Darling Health and Sport Centre.



Above: Tannie Evita and the Darling Community watching the bulldozer get to work.



The Most Reverend Desmond M Tutu, O.M.S.G. D.D. E.K.C.  
Anglican Archbishop Emeritus of Cape Town

PO Box 1092, Milnerton, Cape Town 7435  
Suite 44, Frazzitta Business Park, cnr Freedom Way & Koeberg Road, Milnerton 7441  
Tel: (+27) 021 552 7524  
Fax: (+27) 021 552 7529  
E-mail: mpilo@iafrica.com

July 2008

Dear Friends

Darling is a small town north of Cape Town. Like many of our small towns, facilities for the impoverished community that live on the outskirts are almost non-existent. There are three thousand young people under eighteen in Darling with nowhere to go and nothing to do. Without intervention life for many of them will indeed become a dead end through drugs, sex and HIV.

But the town has a fairy godmother with a huge heart in Pieter-Dirk Uys. Through the Darling Trust and Evita se Perron, Pieter-Dirk's dream to build an Olympic swimming pool, gym and clinic is becoming a reality. South Africa will be hosting the 2010 Soccer World Cup, it would be wonderful if a soccer field could be incorporated into the scheme.

These facilities will be life-changing to the young people in this town and their parents. The investment in their community will send the message that they matter, that they can be proud of where they come from and that our youth do have a future.

I am proud to be patron of this project. I know from my own childhood what a difference it can make when someone takes an interest and shows that they care. There is sufficient seed money to begin work on the pool. We need to ensure that the other facilities and the soccer field will follow and that the whole project is sustained.

It is what these young people need. It is a wonderful project, it must happen and I ask you to help us make it happen. Give generously to the Darling Trust.

Thank you, you will make God smile.

God bless you

+Desmond M Tutu Archbishop Emeritus

*"Beloved, let us love one another, for love is of God - if there is this love among you, then all will know that you are my disciples."*

## Contact and Banking Details

### Operations Manager of The Darling Trust

Lara van Lelyveld

022 492 3384

[lara@thedarlingtrust.org](mailto:lara@thedarlingtrust.org)

### Chairman of the Board of Trustees

Riaan Neethling

082 553 2511

[riaan.neethling@gmail.com](mailto:riaan.neethling@gmail.com)

[www.thedarlingtrust.org](http://www.thedarlingtrust.org)

P.O. Box 175	Darling Station
Darling	Arcadia Street
7345	Darling
South Africa	South Africa

Tel: + 27 (0) 22 492 3384

Fax: + 27 (0) 22 492 2851

Bank:	Standard Bank
Branch Code:	050111
Branch:	Darling
Account Name:	The Darling Health and Sport Centre
Account number:	083260390
Swift Code:	SBZAZAJJ

*Registered in terms of section 6 (1) of the Trust Property Control Act, 1988 (Act 57 of 1988)  
Trust number : IT 2598/2003*

*Registered as a Public Benefit Organisation  
PBO number : 93018722*

*Registered as a Non-Profit Organisation  
NPO number : 054-755*

*All donations to The Darling Trust are tax exempt under Section 18(A). Section 18(A) certificates can be provided if necessary.*





THE DARLING HEALTH AND SPORTS CENTRE  
PERSPECTIVE VIEW

